

The 4th Annual

Marcie Mazzola Memorial 5K Run/Walk

Grand Prix Series of Long Distance Running

Sunday, April 11, 2010

Huntington YMCA, 60 Main Street, Huntington, NY

LONG ISLAND
TRACK & FIELD 2010



Proceeds from the race benefit the Huntington YMCA's Summer Camp program by establishing scholarships to send underprivileged children to camp.

START TIMES:

5K - 8:30 AM

1/2 Mile - Kids Fun Run - 8:00 AM

COURSE: 5K, one hill. Sanctioned by the USATF (NY09072JG). Measured, timed and managed by Start 2 Finish Corp. Visit www.marciemazzolafoundation.org for Course Map.

KIDS FUN RUN: On grounds of Huntington YMCA.

CATEGORIES: 14 & Under, 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80+, Masters 40 & over and Wheelchair Athletes.

ONLINE REGISTRATION:

www.active.com



ENTRY FEE:*

\$20 - 5K Run/Walk

\$5 - 1/2 Mile Kids Fun Run (Ages 10 & under)

*T-shirts provided for all pre-registered participants.

LATE REGISTRATION: (Postmarked after 3/27/2010)

\$22 - 5K Run/Walk

\$6 - 1/2 Mile Kids Fun Run (Ages 10 & under)

RACE DAY REGISTRATION: (4/11/2010)

\$25 - 5K Run/Walk

\$7 - 1/2 Mile Kids Fun Run (Ages 10 & under)

EARLY CHECK IN: Saturday, April 10, 2010, 10am - 6:00pm.

Registered participants may pick up race day packets at Cow Harbor Running & Fitness, 146 Main Street, Northport, NY. Chips will be distributed RACE DAY only.

RACE DAY CHECK IN: 6:45 - 8:15 AM Huntington YMCA.

No numbers will be issued after 8:15 AM.

AWARDS: Overall Male/Female winners receive trophies and a 1 Year Huntington YMCA Membership. Overall 2nd & 3rd place winners receive trophies. Masters 40 & over, Overall Male/Female receive trophies. Top 3 finishers in each age/gender group receive medals. Every child participating in the Fun Run will receive a medal.

ADDED AMENITIES: Personalized Finish Line Announcing, Food, Beverages, and a Gift Raffle.



"Helping Children in Need"



Each Participant must fill out an Entry Form. To register additional participants, please duplicate this form or visit our web site www.marciemazzolafoundation.org for additional forms.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Race Day Age: _____

Email: _____

Please Check:

5K 1/2 Mile Kids Fun Run Male Female

Sorry I am unable to participate, but I would like to make a donation of \$ _____

Entry Fee:

\$20 - 5K \$5 - 1/2 Mile Kids Fun Run (10 & Under)

Late Registration: (Postmarked after 3/27/2010)

\$22 - 5K \$6 - 1/2 Mile Kids Fun Run (10 & Under)

Race Day Registration: (4/11/2010)

\$25 - 5K \$7 - 1/2 Mile Kids Fun Run (10 & Under)

Total enclosed: \$ _____

MAKE CHECKS PAYABLE TO: MARCIE MAZZOLA FOUNDATION

I hereby waive and release any and all rights and claims I may have against The Marcie Mazzola Foundation, the Town of Huntington, the YMCA of Long Island, the Huntington YMCA, YMCA, the YMCA of the USA, and the race Sponsors for damages which I may have arising out of this event. I am physically fit and have trained for this race. The applicant warrants that "my physical condition has been verified by a licensed medical doctor." "Further, I hereby grant full permission to any and all of the foregoing to use any pictures, or any other record of this event for any purpose whatsoever."

If signed by a parent, the parent agrees to release and hold the above named organizations and persons harmless of any claims which may be asserted by or on behalf of the entrant.

SIGNATURE

DATE

Sponsorship Opportunities

Finish Line Sponsor	Awards Sponsor
T-shirt Sponsor	Advertising Sponsor
Refreshment Sponsor	Friends of Marcie Sponsor
Timing Company Sponsor	

visit www.marciemazzolafoundation.org for more details